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Welcome to my Author website, which serves to raise awareness of my books and the plight of mental patients. I'm setting up this page for entertaining and useful resources. Some of these will be from my pen, some from others. I will also share insights into succeeding in life with a bipolar condition. This will include earning a living by getting and holding down a job and how to set up a small business. Plenty of this guidance will help anyone who is interested in getting work or setting up a business. I will also blog on anything I feel is useful / interesting to mental patients and to the world. This will include how I've managed to organise my life by a series of steps. This process is lifting me out of chaos into simplicity, but there's still scope

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for more improvement. If you would like to speak to me directly, please email marc@marcprospero.com, where I will reply as soon as I can or visit my website: <https://www.marcprospero.com/>

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